



the  
Akeman

# BREAKFAST

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DAILY 9-12NOON

## **The Akeman Champagne Breakfast £12.95**

A glass of Henriot Brut Souverain Champagne with your choice of a hot breakfast (see below) and hot beverage

## **Freshly Baked Pastries £2.25**

Freshly baked croissant, almond croissant or pain au chocolat

## **Fresh Fruit and Yoghurt £4.50**

Fresh fruit served with thick creamy yoghurt

## **Granola, Fruit and Yoghurt £3.95**

Toasted cereals, berries and nuts served with thick yoghurt on the side

## **French Toast £5.50**

Pan fried brioche dipped in egg and cream, served with banana or bacon and maple syrup

## **Scrambled Eggs on Toast £6.25**

Creamy scrambled eggs on toast served with a choice of either bacon, mushrooms or smoked salmon (extras incur a £1.00 sur charge)

## **Cakes £2.95**

Please ask at the bar for today's choice of cakes

# BAR FOOD

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**MARINATED OLIVES V** £2.60

Mixed olives in a garlic, chilli peppers and herb marinade

**PANE E OLIVE V** £3.25

Bread and olives served with olive oil and balsamic vinegar

**FRENCH FRIES & MAYO** £2.95

**SOUP OF THE DAY** £4.95

Please see today's specials board for the 'soup of the day'

**BOWL OF CHILLI** £5.25

Chilli con Carne served with bread

**EMPANADILLAS DE QUESO V** £4.75

Bite size pastries filled with goat's cheese and peppers

**EMPANADILLAS DE CHILLI** £4.75

Bite size pastries filled with Chilli con Carne

**BRUSCHETTA DI POMODORO V** £4.25

Toasted bread topped with cherry tomatoes, garlic, basil and olive oil

**ARROSTICINI ABRUZZESI** £5.95

Traditional Lamb skewers from Abruzzo served with bread and tzatski dip

**GREEK MEZE** £9.95

Pita bread served with feta cheese, olives, hummus, cherry tomatoes, taramasalata and mixed leaves (to share)

**ANTIPASTO MISTO** £10.75

Parma Ham, salami, mozzarella, grilled vegetables, olives, rocket salad, cherry tomatoes and bread (to share)

**BAKED CAMEMBERT V** £11.25

Mature Camembert baked in it's box with thyme, served with a bread selection

**KETTLE CRISPS** 95p

## FOCACCIA SANDWICHES

MONDAY-SATURDAY 12.00-18.00

Add fries for £1.00 extra

**SALMON & CREAM CHEESE** £6.95

**STEAK & ONION** £7.75

**CHICKEN & MAYONNAISE** £7.25

**AUBERGINE & MOZZARELLA** £6.50

**TUNA SALAD** £7.50

# TEA & COFFEE

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AMERICANO	£2.00
CAPPUCCINO	£2.20
LATTE	£2.20
ESPRESSO	£1.95
DOUBLE ESPRESSO	£2.25
MACCHIATO	£2.00
MOCHA	£2.30
HOT CHOCOLATE	£2.30
ENGLISH BREAKFAST TEA	£1.90
GREEN TEA	£1.90
CAMOMILE TEA	£1.90
FRUIT TEA	£1.90
EARL GREY TEA	£1.90
PEPPERMINT TEA	£1.90
ICED COFFEE	£2.85

## LIQUEUR COFFEE

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IRISH COFFEE	£4.40
CALYPSO COFFEE	£3.40
BAILEYS' LATTE	£4.80





**Chablis Domaine De Varoux 2007**

**France**

**£28.50**

Aromatic with clean mineral notes and hints of citrus. Medium bodied with crisp, apple acidity, pure fruit flavours, a classic dry finish.

**Gavi Di Gavi Fontana Fredda 2007**

**Italy**

**£29.00**

A bright yellow wine with greenish highlights. A full delicate, elegant bouquet which brings flowers and fresh fruit to mind - lemons, lilies and green apples.

**Villa De Chiesa IGT Vermentino Chardonnay 2006 Italy**

**£42.50**

A deep straw yellow colour, matched with richness on the palate. Balanced by good acidity, a truly excellent wine.

## CHAMPAGNE & SPARKLING WINE

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**Prosecco Mionetto**

**£5.00**

**£26.00**

Fresh, crisp and appealing, with small bubbles and a subtle bouquet. The palate has a fruity character and well balanced acidity.

**NV Brut Souverain, Henriot 2005**

**£6.20**

**£35.00**

Beautiful golden colour. Fresh, well balanced and harmonious on the palate.

**NV Brut Rose, Henriot 2005**

**£48.00**

Epitomises elegance combined with remarkable concentration on the palate, great balance and attractive aromas of red fruits.

**Veuve Clicquot Vintage 2002**

**£70.00**

A blend of twenty Premiers and Grand Crus, the Vintage Reserve has the power of Pinot Noir, balanced by the finesse and elegance of Chardonnay. A perfect accompaniment for many dishes.

**Dom Perignon Vintage**

**£140.00**

Initial aromas of acacia honey and fresh almonds. On the palate the wine is full, round and complete with balancing acidity, and a long, silky elegant finish

**Vina Cerrada Crianza - Rioja 2005****Spain  
£26.00**

Ripe, crunchy blackberry fruit with a touch of earthiness, a hint of buttery oak and a dash of wild spice.

**L'Excellence De Bonassia,  
Cabernet Sauvignon - Merlot 2007****Marocco  
£26.50**

Deep crimson red colour, full bodied round and clean with aromas of vanilla, blackberry and liquorice makes this a very well balanced wine. Try with grilled meats and lightly spiced dishes.

**Perla Nera Montepulciano d'Abruzzo D.O.C 2004****Italy  
£32.00**

A ruby red, 'Black Pearl' with deep intensity of mature fruit and spices. Our best seller, excellent with game or mature cheese.

**Barolo, Fontana Fredda 2004****Italy  
£42.50**

This is a classic, full bodied Italian gem. Light in colour but with great power. A wine to match rich red meat dishes.

# R O S E

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175ml	250ml	500ml	75cl Btl
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**La Lande Rose 2007****France**

<b>£3.55</b>	<b>£4.70</b>	<b>£9.35</b>	<b>£14.00</b>
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Light in colour with a wonderfully expressive nose, medium bodied, with a fresh elegant finish.

**Cala Rosa Montepulciano d'Abruzzo D.O.C 2007****Italy**

<b>£4.35</b>	<b>£5.80</b>	<b>£11.50</b>	<b>£17.25</b>
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A bright and attractive cherry rose pink in the glass. The character shows delicious raspberries, rose petals and wild strawberries. Medium weight in the mouth and a long finish.

# COCKTAILS

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## SHORT COCKTAILS

### CAIPIRINHA

£6.55

Sagatiba Pura Cachaca (a spirit similar to rum), fresh lime and sugar muddled together. Ask about fruit varieties available *Brazil's most famous cocktail, 'Caipirinha' translates as 'farmer' or 'country drink'.*

### MAI TAI

£7.55

Havana Club Especial rum shaken with Orange Curaco, fresh lime and a dash of orgeat syrup. *Originally created in 1944 Oakland, California. Mai Tai or 'Maitai' is a Tahitian word meaning 'good' which was how the drink was described when first tasted.*

### NEGRONI

£5.95

Equal measures of Plymouth gin, Campari and Martinin Rosso with an orange twist, served on the rocks. *Created for Count Camillo Negroni in Florence 1919. He requested that gin be added to his Americano (Martini and Campari) as he wanted it stronger.*

### SOURS

£6.55

Your choice of Amaretto, Frangelio or Whiskey. Shaken with lemon, egg white and sugar and strained over crushed ice. *A traditional cocktail, believed to predate prohibition. The egg binds the ingredients together whilst the alcohol content pasteurises the egg white.*

### TOBLERONE

£5.95

A mix of Frangelico Hazelnut liqueur, Bailey's Irish Cream, Kahlua and milk. Garnished with honey.

### TUACA JULEP

£5.95

Fresh mint and sugar, muddled together with Tuaca (a vanilla and orange Italian liqueur) Served with crushed ice and garnished with mint. *A twist on the original 'Mint Julep' of which the origins are unknown. Since 1938 the mint julep has become known as the traditional beverage of the Kentucky Derby, where each year approximately 120,000 juleps are sold.*

## MARTINI COCKTAILS

### CLASSIC MARTINI

£7.55

Made with either Grey Goose Vodka or Millers Gin, this classic cocktail is stirred with the vermouth of your choice and ice and garnished with either an olive, lemon or lime twist. *The classic martini was stirred, the method we use, while James Bond ordered his 'shaken, not stirred' this is believed to result in a poorer martini...but we won't bore you with that!*

### DAIQUIRI

£6.55

Havana Club Especial Rum shaken with fresh lime and sugar syrup. **Fruit variations available.** *This classic drink was originally invented in 1905 at 'Venus' bar, Santiago Cuba and takes its name from a nearby iron mine. However, the popularity of the Daiquiri is attributed to the 'El Floridita' bar in Havana Cuba, where Ernest Hemingway drank two different variations of the drink.*

### FRENCH MARTINI

£6.55

Hendricks Gin, Chambord and pineapple juice are shaken and double strained.

### NEW YORK COSMOPOLITAN

£5.95

Stolichnaya Vodka, Cointreau, cranberry juice, lime juice and raspberries shaken with ice and double strained. *A twist on the classic 'Cosmo', where plain vodka and fresh raspberries replace the traditional citron vodka. The modern 'Cosmopolitan' was created in 1987/88 at 'The Odeon' in Manhattan and is credited to Toby Cecchini who added Cointreau and fresh lime juice to the original recipe.*

### TOMMY'S MARGARITA

£5.95

Jose Cuervo Gold Tequila, lime juice and agave syrup served straight up or alternatively on the rocks. *While the original recipe and creator is disputed, this version of the drink is attributed to Julio Bermejo of Tommy's Bar in San Francisco.*

### WHITE LADY

£5.95

A delicate balance of Plymouth gin, Cointreau and lemon juice, shaken and double strained. *Created in Harry's New York Bar, Paris in 1929.*

## LONG COCKTAILS

### DARK 'n' STORMY £6.55

Gosling's Black Seal Rum, shaken with sugar and fresh lime and strained over Ginger beer and cubed ice. *A twist on the Cuban classic the 'Cuba Libre', the drink originates from Bermuda, where the name 'Dark n Stormy' is a registered trademark of Gosling's Brothers Ltd and described as 'Bermuda's National Drink'.*

### SZARLOTKA £5.95

A large measure of Zubrowka Bisongrass Vodka, apple juice and fresh mint on ice. *Created in Poland and means 'Apple Pie'.*

### ITALIAN JOB £6.55

Green grapes, limes juice and white sugar, muddled together before adding Stoli vanilla and topped with pear juice.

### MOJITO £5.95

Mint, fresh lime and sugar syrup are lightly pressed before adding Havana Club 3yr Old Rum and topped with soda. Fruit variations available. *A traditional Cuban cocktail which can be traced as far back as the 16th century.*

### RASPBERRY COLLINS £6.55

Plymouth Gin, raspberry liqueur, raspberry puree and lemon juice topped with soda. *A raspberry variation of the 'Tom Collins'. The drink is thought to take its name from 'The Great Tom Collins' hoax of 1874.*

### TOKYO ICED TEA £6.55

Half measures of Jose Cuervo Especial Tequila, Cointreau, Stolichnaya Vodka, Plymouth Gin and Midori shaken and strained over lemonade. *A version of the traditional Long Island Iced Tea. A contemporary twist on the original with two alterations, Midori liqueur and lemonade replace rum and coke.*

## CHAMPAGNE COCKTAILS

### FRENCH 75

**£7.55**

Plymouth Gin, sugar syrup and lemon juice, shaken, strained and then topped with Henriot Brut Champagne

### CLASSIC CHAMPAGNE COCKTAIL

**£7.55**

Champagne poured over Hennessey Vs, Angostura Bitters and brown sugar

### BELLINI

**£7.55**

Peach puree and lemon juice shaken and topped with Prosecco

### RASPBERRY SPARKLE

**£7.55**

Stolichnaya Vodka, cranberry juice and Henriot Champagne stirred and crowned with Chambord liqueur

### KIR ROYAL

**£7.55**

Henriot Brut Champagne poured over Creme de Cassis

# DRAUGHTS

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	Abv	1/2Pt	Pt
Peroni	5.1%	£2.10	£4.25
Carlsberg Export	5%	£1.90	£3.70
Carlsberg	3.8%	£1.65	£3.20
San Miguel	5%	£2.00	£3.90
Guinness	4.1%	£1.90	£3.70
Erdinger	5.3%	£2.35	£4.60

# REAL ALES

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	Abv	1/2Pt	Pt
Akeman Blonde	4%	£1.55	£2.95
Fuller's London Pride	4.1%	£1.70	£3.30
Tring Guest Ale		£1.60	£3.15

# BOTTLES

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	Abv		
Peroni	5.1%	£3.40	330ml
Corona	4.6%	£3.40	330ml
Budvar	5%	£3.30	330ml
Budweiser	5%	£3.30	330ml
Magners Original Cider	4.5%	£4.60	568ml
Magners Pear Cider	4.5%	£4.60	568ml

# SOFT DRINKS

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	Gls	Btl
Pepsi GlS	£1.95	
Diet Pepsi GlS	£1.95	
Lemonade	£1.95	
Mixers		£1.80
Red Bull		£2.65
'AJ' Apple Juice		£2.25
'OJ' Orange Juice		£2.25
Juices	£1.95	

# MINERAL WATERS

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	Gls	Btl
Aqua Panna	£1.90	£3.70
San Pellegrino	£1.90	£3.70

# V O D K A

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	25ml
Zubrowka	£2.45
Stolichnaya	£2.65
Stolichnaya (flavours)	£2.65
Absolut (flavours)	£2.50
Ketel One	£3.00

# G I N

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	25ml
Plymouth	£2.65
Tanqueray	£2.80
Bombay Sapphire	£2.90
Millers	£3.15
Hendricks	£3.30
Tanqueray No 10	£4.15

# R U M

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	25ml
Sailor Jerry	£2.50
Bacardi	£2.45
Havana Club 3yr	£2.45
Havana Club Especial 5yr	£2.65
Captain Morgan	£2.60
Goslings Black	£2.75
Havana Club 7yr	£3.25
Havana Club Cuban Barrel Proof	£4.35

# COGNAC

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	25ml
Hennessey VS	£3.15
Hennessey Fine	£3.85
Hennessey XO	£8.45

# WHISKY

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	25ml
Bushmilss Blackbush	£3.30
Bushmills Original	£3.00
Johnnie Walker Black	£2.60
Monkey Shoulder	£3.30
Suntory Yamazaki 12Yr	£4.35

# BOURBON

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Jack Daniels	£2.60
Jack Daniels Single Barrel	£4.35
Knob Creek	£3.40
Makers Mark	£3.10
Woodford Reserve	£3.80

# P O R T

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50ml

Quinta Do Crasto Late Bottled Vintage Port 2000

£3.50

Taylor's Quinta De Vargellas Vintage Port 1998

£7.90

# D E S S E R T W I N E

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100ml 50cl Btl

Aleatico Di Puglia Canido

£4.95 £26.00

Crimson in colour developing hints of amber with maturity.  
Medium sweet, velvety and delicious with dried raisin  
characteristics reminiscent of Muscat.

# L I Q U E U R S

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25ml 50ml

Amaretto Disaronno

£2.75

Amaro Montenegro

£2.75

Averna

£2.75

Baileys Irish Cream

£3.10

Cointreau

£2.75

Drambuie

£2.75

Fernet Branca

£2.75

Frangelico

£2.75

Grand Marnier

£2.75

Kahlua

£2.75

Limoncello

£2.75

Pernod

£2.45

Southern Comfort

£2.45

Tia Maria

£2.75